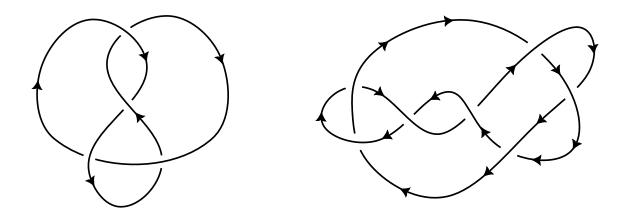
## Seifert Surfaces

**Exercise 1:** Construct the Seifert surface, Seifert graph and Seifert matrix of the following knots.



**Exercise 2:** If you have time, think about a more efficient way how to calculate  $lk(\alpha, \alpha^*)$ .